

IMPLEMENTATION GUIDE FOR CHURCHES

**PRAY.
ACT.
END HUNGER.**

**PRAYER & ACTION
AGAINST HUNGER**



**GIVE YOUR
LOAVES
AND FISH**



Give Your Loaves and Fish

Implementation Guide for Churches
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This guide is part of the mobilization resources of the **Give Your Loaves and Fish** initiative, developed within the framework of the **Prayer and Action Against Hunger Coalition**, a global coalition of churches, Christian organizations, and faith communities committed to responding to hunger and malnutrition.

The coalition promotes collaboration among faith communities around the world to pray, act, and work together for sustainable solutions to hunger.

Photos

World Vision International

Editorial Note

Scripture quotations are from the **New International Version (NIV)**, unless otherwise indicated.

This resource can be used by churches, Christian organizations, and faith communities to promote action on hunger, as long as the integrity of the content is maintained.

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WELCOME

Welcome to **Give Your Loaves and Fish**, a global mobilization under the **Prayer and Action Against Hunger Coalition**.

This year, we join churches, communities, and Christian organizations in different countries that have decided to respond together to hunger and malnutrition. It is not just a campaign. It is a movement of active faith that articulates prayer, specific actions, and advocacy.

In 2024, between 638 and 720 million people in the world experienced hunger. This reality cannot be normalized. Child hunger is at one of its most critical points in generations, aggravated by conflict, inflation, and climate change.

As a Christian community, we respond to the prophetic call of Isaiah 58:7 (NIV):

“IS IT NOT TO SHARE YOUR FOOD WITH THE HUNGRY...?”

Give Your Loaves and Fish invites us to put it in God’s hands, trusting that when the church prays and acts together, scarcity is transformed into provision.

**PRAY.
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BIBLICAL FOUNDATION

“Another of his disciples, Andrew, Simon Peter’s brother, spoke up:

‘Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?’

Jesus said, ‘Have the people sit down.’

There was plenty of grass in that place, and they sat down (about five thousand men were there.) Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish.

When they had all had enough to eat, he said to his disciples,

‘Gather the pieces that are left over. Let nothing be wasted.’

So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten.

After the people saw the sign Jesus performed, they began to say, ‘Surely this is the Prophet who is to come into the world.’”

John 6:8-14 (NIV)

This biblical story confronts us with a decision to make in the face of an imperative situation of need: to send the hungry crowd away or to place what little we have in Jesus’ hands, as the boy did in the gospel.

Give Your Loaves and Fish was born from this second response.

That is why we invite your congregation or community to join many others around the world to raise awareness, pray, and act to end hunger, starting with the people closest to us in our own communities.



Section A:
**ABOUT THE
MOBILIZATION**

¿What is Give Your Loaves and Fish?

Give Your Loaves and Fish is a global fifty-day mobilization that begins on May 24 (Pentecost Sunday) and ends on July 12.

It takes place within the framework of the Prayer and Action Against Hunger Coalition, an international coalition that brings together churches, Christian organizations, and faith communities committed to ending hunger through prayer, specific actions, and global collaboration.

During this time, churches and communities address the issue of hunger and malnutrition through Bible studies, awareness-raising, and solidarity actions. The goal is to recognize that this reality is closer than we think and to inspire the congregation to respond.

As congregations and faith communities, we respond with active faith and practical love to accompany families experiencing food insecurity.

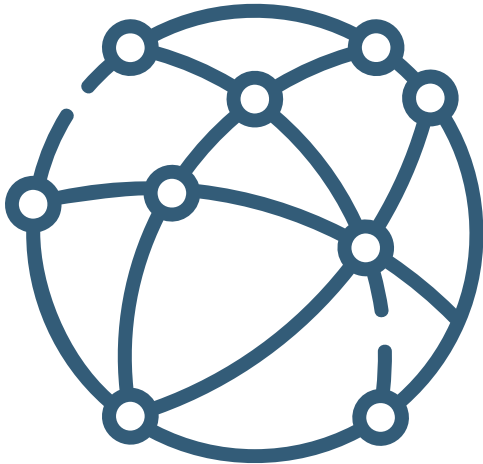
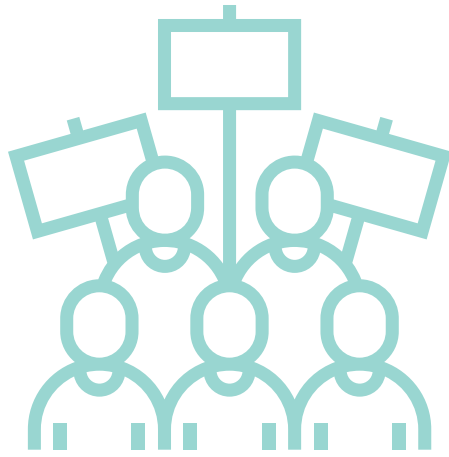
PRAY. ACT. END HUNGER.

**GLOBAL
OBJECTIVE**

Mobilize churches, faith-based organizations, and Christian communities around the world to do the following:

- Collect food for families in the community.
- Raise awareness about food insecurity.
- Promote concrete actions of solidarity.
- Articulate efforts within the global movement against hunger.

Give your Loaves and Fish is an invitation to pray, raise awareness, and act with clear and sustainable steps.

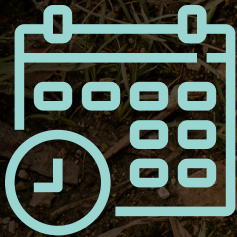


**HOW THE
MOBILIZATION
ENDS**

It is recommended to hold a community event on July 12 to deliver the collected kits or carry out the agreed actions.

This action is not only logistical; it is a visible sign of Christian commitment to human dignity.

It is important to document these events so the community impact is visible within a global movement coordinated by the Prayer and Action Against Hunger Coalition. Each mobilized church or community contributes to a collective witness that demonstrates a united church can respond to hunger.



KEY DATES

Sunday, May 24 (Pentecost):

Onset

May 24 - July 12:

Mobilization

Sunday, July 12:

Community delivery



CALL TO ACTION

**Share Your Loaves.
Mobilize Your Community.
Pray and Act to End Hunger.**



**OFFICIAL
HASHTAGS**

**#GiveYourLoavesAndFish
#PrayActEndHunger**

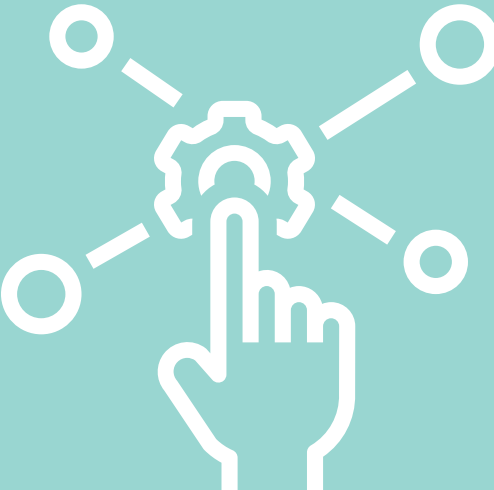
RECOMMENDED ACTIONS

1. Raising Awareness about Hunger

This means helping the congregation or community understand that hunger may be closer than we think. Some resources, such as Bible studies, local data, and material shared by the Coalition can be used for this purpose. Please keep in mind that all the process must be based on constant prayer.

2. Identifying Vulnerable Families

We encourage churches and communities to identify families in their community that could benefit from the food kits collected, always following clear and respectful criteria. Dignity must guide the entire process.



3. Coordinate Food Collection

This is the specific action that churches and communities can take to make an impact locally in a global context.

Some suggestions on how to carry out this food collection are the following:

Defining clear roles: identify a group of people in charge of logistics. Some roles may include general coordination, personnel in charge of family identification, communication, etc.

Food list: having a list of food to collect not only helps to supply what is needed in each kit, but also guides the people who will donate to easily identify what they can provide.

Communication: it is of utmost importance that the entire congregation or community knows what is being done and who to turn to in case of any doubt. Maintaining a specific food collection day and keeping a visible basket in the church or community center are small actions that go a long way in keeping the campaign present in front of the congregation or community.

4. Community Delivery of Food Kits

The delivery of food kits should be carried out in an environment of respect, without unnecessary exposure of the families. Remember that this is a time of Christian solidarity.

5. Evaluation

Participating in the Give Your Loaves and Fish campaign as a protagonist will be a great motivation for your church or community; and perhaps, it will encourage them to continue with similar actions during the rest of the year.

For this reason, it is always good to maintain a continuous evaluation of what has happened in order to ensure the sustainability of the actions.

Some suggested questions:

- Where did we see God's acts?
- What did we learn?
- What actions should we continue to take?
- What actions should we approach differently?

WHAT IF THERE IS NO FOOD INSECURITY IN THE COMMUNITY?

Being part of the Prayer and Action Against Hunger Coalition means recognizing that hunger is a global challenge. If there are no food insecure families in your community, you can support another region or country that is member of the Coalition. We encourage you to take actions such as:

- In your community: raise awareness about hunger and malnutrition on a global level. Bible studies and other available materials can be used for this purpose.
- In another community: coordinate with the Coalition member organization to identify another church or community where you can make a difference, either through food purchases, support for specific projects, or financial transfers.

Timely and transparent accountability is very important, not only to know the impact of the actions, but also to motivate the congregation or community to maintain solidarity actions based on good experiences.

DIGITAL MOBILIZATION

Digital mobilization allows local actions to inspire other churches, organizations, and communities around the world. Sharing what is happening in each place helps make the collective impact visible and strengthen the global hunger movement.

Thus, social media becomes a space for witnessing faith in action.

Recommendations:

- Sharing photographs or videos of the activities carried out.
- Publishing testimonials or impact stories from participating communities.
- Disseminating data on hunger and the response of churches and organizations.
- Inviting other communities to join the initiative.

Digital communication is also part of our response to hunger:

WHAT KIND OF PUBLICATIONS CAN BE SHARED?

Churches, organizations, and communities can share different types of content during the campaign:

- Photographs of food collection days.
- Short videos of the activities carried out.
- Testimonials from beneficiaries or volunteers.
- Moments of community prayer.
- Delivery of food kits or support to families.
- Biblical messages or reflections on sharing with those in need.

Each publication helps inspire other communities and make the response to hunger more visible.

HOW TO MEASURE IMPACT

Measuring impact makes it possible to recognize the scope of the mobilization and strengthen the transparency of the process. More than an administrative task, it is a form of accountability and collective learning.

Participating churches, organizations, and communities should record some basic data to understand the scope of the mobilization.



KEY SUCCESS INDICATORS

Scope

- **Number of churches and/or communities participating in the campaign.**

It refers to the number of churches or communities that are carrying out actions within the framework of the campaign.
- **Number of community events held.**

It refers to the number of events held in the communities for the delivery of food.
- **Number of adults impacted by Bible studies.**

It refers to the number of persons of legal age who participated in the Bible studies held in the congregation or community.
- **Number of children or adolescents impacted by Bible studies.**

It refers to the number of minors who participated in the Bible studies held in the congregation or community.

- **Number of families benefiting from food distribution.**

It refers to the number of families that received a food kit from the congregation or community.
- **In the case of money collection, please indicate the amount collected (in local currency and its equivalent in USD).**

Mobilization

- **Number of food kits distributed.**

It refers to the number of food packages that each congregation or community managed to complete and distribute.
- **Estimated value of the kits (local currency + USD equivalent).**

It refers to the cost in local currency (and its equivalent in U.S. dollars) of a complete food kit in the congregation or community.

Communication and Digital Impact

- **Number of publications produced by churches, organizations, or communities.**

It refers to the number of publications, posts, images, videos, or other material published in the social media of the congregation or community.
- **Approximate reach of publications in social media.**

It refers to the number of people who saw the publication in social media.
- **Number of interactions generated (comments, reactions, or shares).**

It refers to the number of comments, reactions, or shares that a publication has received on social media.



QUALITATIVE INDICATORS

Evidence of impact (testimonials, articles, videos) on participating families. It is suggested that each organization applies its own guidelines and techniques for data collection.

This data will help visualize how community response is also amplified through digital media.

Information collected will be consolidated globally by the **Prayer and Action Against Hunger Coalition**.

Sección B ABOUT THE ISSUES OF HUNGER AND MALNUTRITION

Hunger and malnutrition remain one of the most urgent global challenges of our time. The Prayer and Action Against Hunger Coalition articulates a coordinated Christian response to this reality, calling churches, organizations, and faith communities to join in prayer and specific actions to address hunger from a holistic and dignifying perspective.

PRAY.
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HUNGER AFFECTS MANY PEOPLE IN THE WORLD

Good nutrition is essential for children to reach their full potential for growth and development. Malnutrition has consequences that can extend into adulthood.

Food insecurity occurs when people do not have regular and permanent access to food in sufficient quantity and quality to survive, as defined by the Food and Agriculture Organization of the United Nations (FAO).

This means that a food insecure person experiences uncertainty about when, how, and how much they will eat at their next meal, which puts their nutrition, health, and well-being at risk.

According to the report The State of Food Security and Nutrition in the World 2025 , the global situation presents the following key indicators:

- **Hunger Today:** It is estimated that between 638 and 720 million people in the world experienced hunger in 2024.
- **Projection to 2030:** Despite international efforts, nearly 512 million people are projected to remain chronically undernourished by the end of the decade.
- **Epicenter of the Challenge:** Nearly 60% of these chronically hungry people in 2030 will be in Africa, which accentuates a deep and growing regional inequality.
- **Impact of Inflation:** Persistently high food inflation has eroded purchasing power globally. This has made access to a healthy diet an unattainable privilege for 31.9% of humanity, affecting low-income families with particular severity.



GIVE YOUR LOAVES AND FISH

BASIC CONCEPTS

To better understand the problem of hunger and malnutrition, it is important to understand some fundamental terms:

Food Security:

When all people at all times have physical and economic access to sufficient safe and nutritious food to meet their nutritional needs and food preferences for an active and healthy life.

Food Insecurity:

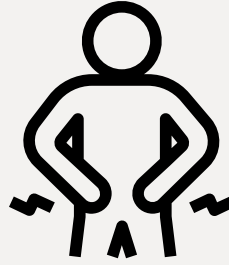
Limited or uncertain availability of nutritionally adequate and safe food, or limited or uncertain ability to acquire acceptable food under socially acceptable conditions.

Acute Food Insecurity:

It occurs in a specific area at a particular time and poses a serious threat to lives or livelihoods, regardless of cause, context, or duration. It is usually a temporary crisis.

Chronic Food Insecurity:

It is long-term or persistent. It occurs when people are unable to meet their minimum food needs for a prolonged period of time.



Deficit Malnutrition (Undernourishment):

Includes wasting (low weight for height), stunting (low height for age), and underweight (low weight for age).

Malnutrition Due to Excess (Overweight, Obesity):

Non-transmissible diseases related to food.

Moderate Acute Malnutrition:

Associated with recent and accelerated weight loss or inability to gain weight, usually due to low food intake or presence of infectious diseases.

Severe Acute Malnutrition:

It may be accompanied by bilateral edema, different degrees of emaciation up to marasmus and other clinical signs such as adynamia and lack of interest in the surroundings.

Hunger:

It is an uncomfortable or painful physical sensation caused by an insufficient intake of food energy. It becomes chronic when a person does not consume enough calories on a regular basis to lead a normal, active, and healthy life.

The prevalence of undernourishment is a key indicator of hunger (Anderson, 1990). Hunger and starvation occur because people do not have access to sufficient food as a right, not necessarily because there is not enough food available in the country or region.

ANTHROPOMETRIC VARIABLES

- **Weight** (applied to boys, girls, and women of childbearing age - MEL)
- **Length** (applied to boys and girls under 2 years of age)
- **Size** (applied to boys and girls over 2 years old and MEL)
- **Mid-Upper Arm Circumference (MUAC)** (applied to children under 5 years of age and MEL).

NUTRITIONAL INDEXES

Weight Insufficiency:

Weight-for-age (W/A).

Wasting (Acute Malnutrition):

Weight for Size (W/S), Body Mass Index for Age (BMI/Age), and Mid-Upper Arm Circumference (MUAC).

Stunting (Chronic Malnutrition):

Size for Age (S/A).

Body Mass Index (BMI):

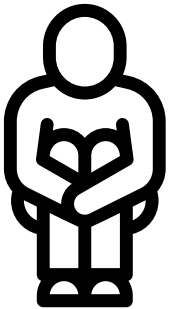
Applied to women of reproductive age (MEL).

Need for MEL Care through Nutrition Programs:

MUAC.

Quality of Life:

Average size at seven years of age.



A GLOBAL MOVEMENT OF FAITH IN ACTION

Give Your Loaves and Fish 2026 is part of the Prayer and Action Against Hunger Coalition, a global initiative that calls on churches to respond to hunger with unity and commitment.

**When we pray, we act.
When we act, we dignify.
When we do it together, the impact is multiplied.**

**PRAY.
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END
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**TOGETHER
WE CAN END
HUNGER.**

Hunger remains one of the deepest wounds of our time.

Every day, millions of people face the uncertainty of not knowing if they will have anything to eat. Behind every statistic, there are real stories: families struggling to survive, children trying to learn on empty stomachs, entire communities waiting for an opportunity.

Christian faith has never been indifferent to this reality.

In the Gospel, Jesus challenges his disciples with a command that remains relevant today:

“You give them something to eat.”



When the Church shares what it has, something extraordinary happens.

What seems small multiplies.

What seemed insufficient becomes hope.

The question remains: What can God do with what you are willing to share?

This book is an invitation to respond to that command.

Through biblical reflections, practical ideas, and examples of community action, Give Your Loaves and Fish encourages churches and faith communities to transform generosity into specific actions against hunger.

This resource is part of the global movement led by the Prayer and Action Against Hunger Coalition, a network of churches and Christian organizations committed to provide a united response to hunger.



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